

HighMark Charter School

Should I Send My Student to School?

**These guidelines could be used in determining if your child should stay home from school:**

1. **The illness prevents your student from participating comfortably in activities**
2. **The illness results in a greater need for care than the staff can provide**
3. **The student has any of the following conditions, unless a health professional determines the student’s condition does not require staying home from school**
   * **Appears to be severely ill**
   * **Fever -** temperature of 100.4 F or above until temperature is normal for 24 hours without fever reducing medication.
   * **Marked drowsiness or malaise** (a vague feeling of physical discomfort or uneasiness) As seen early in an illness, student just doesn’t “feel well”.
   * **Muscle Pain**
   * **Difficulty Breathing**
   * **Headache**
   * **Loss of sense of taste or smell**
   * **Diarrhea**
   * **Vomiting / nausea -** Within in 24 hours
   * **Severe abdominal pain**
   * **Less severe abdominal pain -** That continues for more than 2 hours.
   * **Mouth sores**
   * **Rash with fever**
   * **Sore Throat** - If white spots can be seen in the back of the throat or if fever is present, keep the student home.
   * **New and persistent cough** (not related to asthma or allergies) **–** A student with a “heavy” cold and consistent cough should be at home even if there is no fever.
   * **Strep throat –** May return 12 hours after treatment has been started.
   * **Head lice -** until after the first treatment
   * **Any Communicable Disease** – May return to school as per direction from the health department.

*Please be mindful of these symptoms and keep sick students home to make the school and classroom a healthy and safe place. Thank you!*