![schoolhealthlogo[1]]()

HighMark Charter School

 Should I Send My Student to School?

**These guidelines could be used in determining if your child should stay home from school:**

1. **The illness prevents your student from participating comfortably in activities**
2. **The illness results in a greater need for care than the staff can provide**
3. **The student has any of the following conditions, unless a health professional determines the student’s condition does not require staying home from school**
	* **Appears to be severely ill**
	* **Fever -** temperature of 100.4 F or above until temperature is normal for 24 hours without fever reducing medication.
	* **Marked drowsiness or malaise** (a vague feeling of physical discomfort or uneasiness) As seen early in an illness, student just doesn’t “feel well”.
	* **Muscle Pain**
	* **Difficulty Breathing**
	* **Headache**
	* **Loss of sense of taste or smell**
	* **Diarrhea**
	* **Vomiting / nausea -** Within in 24 hours
	* **Severe abdominal pain**
	* **Less severe abdominal pain -** That continues for more than 2 hours.
	* **Mouth sores**
	* **Rash with fever**
	* **Sore Throat** - If white spots can be seen in the back of the throat or if fever is present, keep the student home.
	* **New and persistent cough** (not related to asthma or allergies) **–** A student with a “heavy” cold and consistent cough should be at home even if there is no fever.
	* **Strep throat –** May return 12 hours after treatment has been started.
	* **Head lice -** until after the first treatment
	* **Any Communicable Disease** – May return to school as per direction from the health department.

*Please be mindful of these symptoms and keep sick students home to make the school and classroom a healthy and safe place. Thank you!*